

## See Us. Stand With Us. Results of the 2020 2SLGBTQ+ Pride & Connectedness Survey

[Paths \(Re\)Membered](#) surveyed members of the Indigenous 2SLGBTQ+ community to get a better understanding of our overall health and wellbeing. The main takeaways from the survey are:

- We are proud to be Indigenous!
- We are wonderfully diverse in our racial identities, genders, and sexual orientations.
- We are strong and resilient, even when we have traumas and problems getting the culturally sensitive healthcare we need to heal.

The results of the survey are being shared with healthcare providers to help them understand our needs better, so they can improve the healthcare they give us.

### Our Native Pride & Culture

Our Native identities, lands, and cultures are extremely important to us.

**92%**

See their Indigenous identity as extremely important

**94%**

Think the history of their people is extremely important

**95%**

Believe it's mostly or extremely important to follow Indigenous ways

**80%**

See Indigenous traditional values as mostly/extremely important parts of their lives

**78%**

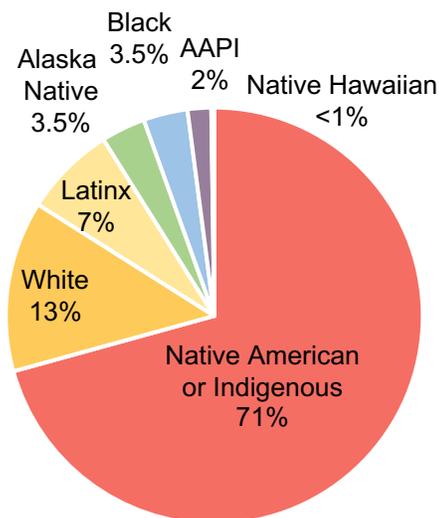
Participate in at least one traditional cultural activity

**71%**

Feel mostly/extremely connected to the land (traditional homelands and the land they live on)

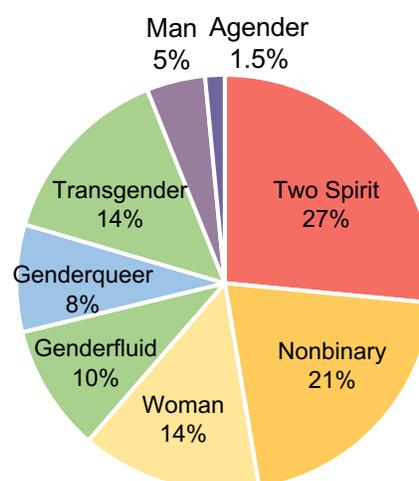
### Our Diversity

We have a wide range of backgrounds and identities.

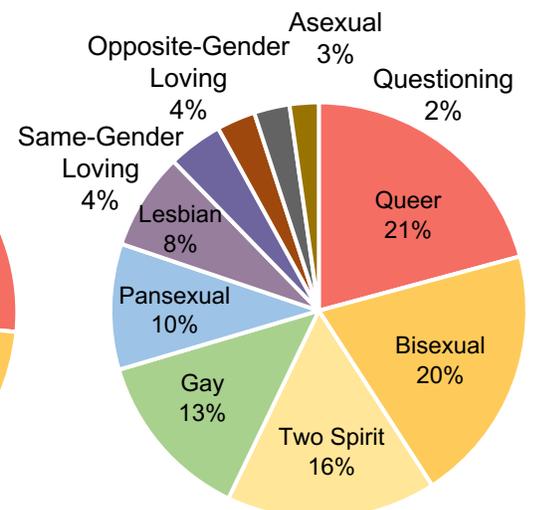


Racial Identity

(participants were able to choose multiple races)



Gender



Sexual Orientation

## Our Health Concerns

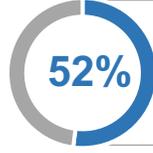
Mental health, family, and relationship traumas are common concerns for us, and it's often difficult to access the healthcare we need.



Felt depressed at least once in the last month



Thought about suicide or wished they were dead in the last year



Have a regular doctor, nurse or other healthcare provider



The grade they gave their providers' understanding of Indigenous and 2S identity

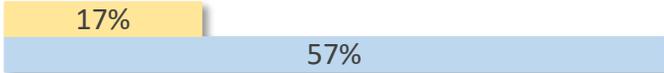
Gender Diverse LGBQ+

63%	47%	Most or all their family members don't know they're gender diverse or LGBQ+
49%	40%	Sometimes or usually have to stop associating with family because of their gender identity or sexual orientation
78%	67%	Sometimes or usually pretend to be gender normative or "straight" to be accepted
51%	28%	Usually hear that being transgender, gender diverse, or LGBQ+ is not normal
33%	12%	Sometimes or usually are denied access to traditional cultural activities because of their gender identity or sexual orientation

### Romantic Relationships

■ Current Partner(s) ■ Previous Partner(s)

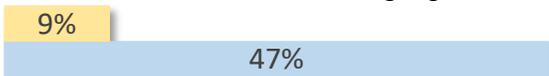
Put them down or criticized them



Hurt them or their family



Pressured or forced them into sex or going farther than they wanted to



### Trouble Getting Healthcare

Due to Significant or Extreme Problems with...

A lack of Indigenous 2SLGBTQ+ support groups



Limited financial resources



A lack of mental health professionals who can help them



A lack of providers who are trained/competent in 2SLGBTQ+ care



## Our Resilience

We find ways to be hopeful and happy, even in hard times, like an ongoing pandemic and civil/political unrest.

**83%**

Sometimes or usually felt happy in the last month

**72%**

Sometimes or usually felt hopeful about the future in the last month



For you

Can you relate to what others said on the survey?  
Scan for more health info & resources!



For your doctor